



### 心靈之翼

現今社會人際關係疏離冷漠，盲目追求外在物質慾望，唯有拋開物慾的束縛誘惑，往內在心靈探索，展開心靈之翼迎向永恆的境界。

### *The Wings of the Mind*

Life in the modern world can be very stressful. Only by getting rid of the restraints and burdens can one truly enjoy the freedom.