

台灣離島地區高齡者生活適應、休閒活動參與、休閒活動阻礙之相關研究

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摘要

Aging populations, lifestyle differences between rural and urban areas and leisure activities are currently the utmost concerns of societies in Taiwan. By quantifying and analyzing the data of life adaptations, participations in leisure activities and the impediments of 348 randomly selected senior citizens in off-shore islands in Taiwan, this study was to construct the relations and suggest modifications accordingly. Results showed that senior citizens' life adaptations, participations in leisure activities and impediments are in fact affiliated with each other. This study also included suggestions of experts from Japan, Hong Kong and Singapore, and furthermore proposes related policies and specific measures for management.

關鍵字：remote areas, rural and urban differences, aging population, SEM