

從老子哲學印證[八不律]的生命智慧

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摘要

This is a paper about the wisdom of Taoism .

This is a paper about the growth of mind .

This is a paper about the work of virtue .

And this paper tries to communicate objective knowledges and subjective experiences .

Of course, this paper talks about the 'Living Rules of Eight-no' .

The content of 'Eight-no' contains : no-demand, no-judge, no-plan, no-tension, no-control, no-resistance, no-consideration, and no-wait . In this paper, we use the philosophy of Lao-tze to look, to talk, and to prove the 'Living Rules of Eight-no' .

Finally, we discover the 'Rules of Eight-no' pointing to the philosophical topics about 'cancellation of ego' and 'awareness in present' .

關鍵字 : 1 . Philosophy of Lao-tze 2 . Living Rules of Eight-no 3 . No-demand
4 . Cancellation of ego
5 . Awareness in present