

陸軍心理輔導人員對自身角色的看法

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摘要

This research is discussing about the self-recognition, practice of psychological counseling, professional decision making and work experiences of Taiwan Army psychological counseling personnel. The researcher of this research had once been a psychological counseling officer for eight years and perceives that psychological counseling is a work which will profoundly affect a person in his/her life. A lot of Taiwan Army psychological counseling personnel have depressed and left the working field of psychological counseling, because they feel the current works and guidance don't meet the needs of Army units. They have been investing a lot but gained less than a half. This situation motivates the researcher to start this research for the purposes as follows:

1. To analyze the factors those are affecting the practice of psychological counseling.
2. To discuss the professional ethics of Taiwan Army psychological counseling personnel.
3. To understand the conflicts between practice and code of ethics.
4. To contribute the constructive suggestions to the research filed.

There were eight Taiwan Army psychological counseling personnel received the interview for this research. The researcher adopts qualitative approach and uses Semi-structured Interviews to collect data and encoding with Triangle cross examination to establish the analysis text. The analysis method of this research is thematic analysis.

The issues that Taiwan Army is facing are different from that of normal society. Each practitioner of Army psychological counseling has dual identity, one is manager and another is practitioner. They have to consider the mission and professional ethics of psychological counseling concurrently. The findings of this research are as follows:

The factors those affect the practice of psychological counseling are

policy and the support from superior officer.

The professional knowledge and skills of Taiwan Army psychological counseling personnel are not sufficient.

The mission and support from superior officer will make the conflicts between practice and professional ethnics of psychological counseling in different result.

Some of the Taiwan Army psychological counseling personnel think that practice of psychological counseling has positive effects to family life.

關鍵字：Psychological counseling, Professional ethics, roles, qualitative research, thematic analysis.