

大專院校橄欖球代表隊教練管理行為之研究

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摘要

The purpose of this study was to understand coaches' managing behavior of rugby teams in universities and colleges. The study subjects were the 252 athletes who participated in Leagues A and B of the College Rugby Tournament in 2010. The tools of research were the questionnaires of "Measurement Scale for Coaches' Managing Behavior of Rugby Teams in Universities and Colleges". Factor analysis of the questionnaires resulted in the conclusions as follows:

(1) First, athletes' cognition degree of coaches' managing behavior of rugby teams in universities and colleges all reached upper medium level, and the athletes scored the highest average in factor "require self-discipline", and the lowest average in "the stipulation goal of drill program".

(2) Second, comparing the different athletes' cognition degree of coaches' managing behavior of rugby teams in universities and colleges, it was found that there was significant variance ($p < .05$) in year grade, league, game age, and weekly practice days.

關鍵字：Rugby, College Athletes, Coaches' Managing Behavior